Five Critical Steps and Neighborhood Networking Train the Trainer

Disaster Resistant Conference
April 20, 2006
Agenda

- Introductions
- Why are You Here?
- Your Role as a Trainer
- The Target Audience
- Five Critical Steps
- Neighborhood Networks
Why Are You Here?

- Interest in Disaster Preparedness
- Increase awareness
- Motivated to get others to act
Government Response

“I think people’s faith in government is somewhat wishful thinking.”

Phil Trounstine

Director of the Survey and Research Policy Research Institute at San Jose State University
Community Responsibilities

“The responsibility (for disaster preparation generally) does not stop with government. We want every business, every school, every family to have their own disaster or emergency plan and an emergency kit with essential items in it.”

Gov. Arnold Schwarzenegger
Bay Area Survey

- 7 in 10 Californians will strike
- 2 in 10 consider themselves well prepared
- 4 in 10 not prepared at all
- 50% of survey think government is well prepared or somewhat prepared to provide disaster assistance
- Lowest rates of preparation were in the Bay Area and Central Valley
Why We Are Using Train the Trainer Format?

- More resources to provide training
- Access to organized groups
- People want to help
- Provide tools to teach
Your Role as a Trainer

- Train citizen and business communities
- Increase awareness
- Motivate others to act
- Access to information
- Liaison between OES and community
The Target Audience

- Neighborhood or business group
- Community groups
- Special needs population
Goals

- Describe the five critical steps to disaster preparedness
- Describe the nine steps to set up a neighborhood network
- Be able to present the information to your neighborhood, associations, or coworkers
Class Outline

- Set up the presentation
- Prepare and learn audience
- Introductions
  - Share interest
- Motivate and engage
  - Katrina lessons
Class Outline

- Present the information
- Summarize
- Question and Answer period
Five Critical Steps

- Make a Plan
- Set-up a Phone Contact
- Make a Disaster Kit
- Prepare your Home
- Set-up a Neighborhood Network
Make a Plan

- EDITH
  - Two escape routes
  - Meeting location
  - Do not re-enter the building
Meeting Location

- Plan for three locations
  - First location should be home
  - Second location should be a relative or friend nearby
  - Third location should be out of the immediate area
Set-up a Phone Contact

- Outside region
  - Long Distance
  - Local exchanges
- Cell-Phones
  - Pre-program local seven digit numbers
Make a Disaster Kit

- 5 to 7 days
- Home and Auto kits
- Accessible
- Purchase online or at local hardware stores
Disaster Kit Contents

- Water – 1 gal. / day per person
- Food / MRE’s
- Money
- Flash Drives
- Medications
- Pet Food
- First Aid Kit
Prepare Your Home

- Secure hazards
- Strap water heater
- Retrofit for earthquake protection
Prepare Your Home

- Locate your electric, gas, and water meters
- Use color tape to identify shut-off valves
Securing Gas Meters

- Smell of Gas
- Needle on the meter is spinning rapidly
- Don’t shut off if it’s before the meter
- Don’t turn back on until PG+E clears
Electricity

- Secure at the main panel or fuse box
- All down wires are live
- Don’t touch wires in the street
Securing Water

- If water is dirty
- Hear a sucking noise
Set-Up a Neighborhood Network

- Not enough public safety resources to respond
- Support each other until mutual aid arrives
- Coordinate support services
- Neighborhood Watch Group
Neighborhood Network Check-Off List

- Establish a Neighborhood Coordinator
- Establish a Communication Plan
- Set-up Disaster Teams with Team Leader
- Assess Neighborhood for Hazards
- Identify Assembly Point
- Identify Gas, Electric, and Water Shut-Off Valves
- Identify Special Needs population
- Assess Each Home for Hazards
Neighborhood Coordinator

- Builds the team
- Coordinates training and meetings
- Distributes information
Establish a Communication Plan

- Establish a Phone Tree
- Divide neighborhood into sub-units
- Inventory of communications devices
Develop Teams

- Communication
- Medical / First Aid
- Damage Assessment / Light Search and Rescue
- Fire Suppression
- Logistics
Identify Utility Shut-Offs

- Mark with color tape
- Identify on a plot map
- Gas
- Water
- Electric
Identify Special Needs

- Pet Owners
- Seniors / Children
- Disabled
- Check local agency for voluntary registry
Supplies and Materials

- Disaster Kits
- Containers and Storing
- Inventory Checks
- Maintenance Plan
- Training
Home Hazard Hunt

- Secure appliances
- Flexible connectors on all gas appliances
- Smoke detectors with batteries
- Foundation bolted
Frequently Asked Questions

- Be prepared to answer
- Refer to your fire or OES office
- If you don’t know – find out and get back to them.
How long will it take to get help?

- State Mutual Aid can take up to 24 hours
- Federal response from three to five days
Where Should I Go?

- Home
- Shelter Sites
  - Schools
  - Gymnasiums
- Fire Stations
Where can I get information?

- Radio stations
  - 24 news stations
  - Local emergency radio channels
- TV stations
- Web Blogs
- Telephone Notification Systems
What Size Fire Extinguisher?

- 2A-10BC
- Purchase at Costco or Hardware Store
- Income property owners require service tag
Earthquake Supplies

- **Where**
  - Hardware stores
- **Internet**
  - Google “earthquake supplies”
- **Storage**
  - Small garden shed
  - Rolling trash bins
Next Steps

- Do a presentation to your neighbors or your business community
- Contact your local Fire or OES agency and sign up for the CERT, NERT, or CORE classes
- Buy a disaster kit for a family member
Additional Resources

- United States Geological Society
  - www.usgs.gov

- California Office of Emergency Services
  - www.oes.ca.gov

- American Red Cross
  - www.redcross.org
Summary

- Be enthusiastic
- Organize your neighborhood
- Attend other CERT classes